



Packing CHECKLIST

- Yoga Mat
- Yoga Towel
- Beach Towel
- Bathing Suit + Coverup
- Workout Attire
- Shampoo/Conditioner
- Face & Body Wash/Deodorant
- Sunscreen & Body Lotion
- Toothbrush/Toothpaste
- Beach Hat/Sunglasses
- Walking Shoes & Sandals
- Bra, Undies, Socks
- PJs & Loungewear
- Medications
- Bluetooth Speaker/Earbuds
- Reading Book & Journal
- Beach Chair/Umbrella
- Beach Cart
- Dry Bag for Keys/Phone
- Electronic Chargers
- Eye Gels/Face Mask
- Water Bottle
- Snacks/Electrolytes
- Electrolytes
- Cooler
- Spending Money